



### Venue

Different camps/seminar rooms in Oberbayern. The majority of the program takes place in nature. Camping equipment (tent) is required.

### Costs

The course costs 1400 €. Accommodation/board: simple accommodation/tent, 50,- € per weekend. Arrival to camp at one's own expense. Payment in 3 instalments.

### Further Information and Application

Contact us through phone or online at [www.waapiti.com](http://www.waapiti.com). On the website you will also find an application form. If you have any questions regarding the course we are looking forward to your email or call.



### Target Group

All people who love nature and would like to live in harmony with nature, also particularly people who work in social and educational professions (educational workers or teachers at (forest) kindergartens or schools, social workers and social educational workers).

### Scope

The course takes 9 months to complete and is comprised of 6 modules, which built on one another. The four three-day modules start at 5pm on Friday and end at about 3pm on Sunday. The two four-day modules start at 4pm on Thursday and end at about 3pm on Sunday. In total the program has 20 course days. Self-study between the modules completes the course.

### Certificate

Requirement to receive the certificate is regular participation and self-study. The certificate provides information on topics covered in the course.

### Team

Meet the team at [www.waapiti.com](http://www.waapiti.com) – Wilderness Education

### Contact

#### Waapiti

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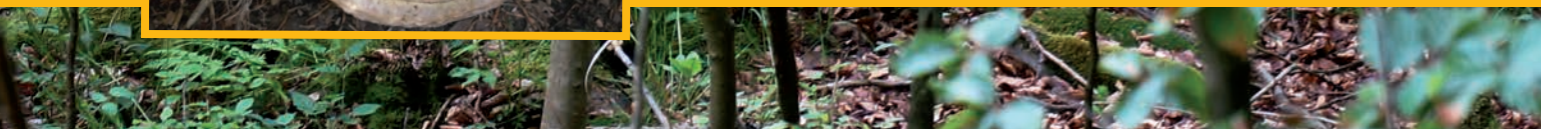
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2020

# Wilderness Education Training Oberbayern





In former times we humans were closely connected with creation surrounding us, which we call wilderness now. Indigenous peoples think of themselves as part of nature and there was a balance between giving and taking. Through time many people have lost this connection. Our children are also losing this important contact with nature through an assumedly protected life indoors.

The Wilderness Education course builds on the old wisdom of indigenous peoples about living together with nature. In the natural cycle of the seasons and the associated changes we experience nature with all our senses, make our own intimate experiences and awaken our interest in wilderness and ecological connections. Further important aspects of the course are practical skills. The program also shows you ways of reconnecting with nature. You will learn valuable tools to support people in rebuilding a relationship with nature and thus embark on a natural lifestyle.

If the connection with nature is nurtured from an early age, for example through a kindergarten in the forest or regular days out in the woods, children experience nature with their whole body and with all their senses and feel at home outdoors.

A core method of Wilderness Education is called Coyote Teaching. It describes a specific practice of teaching, which has been used by indigenous peoples

for thousands of years. This educational approach nurtures self-dependent learning, takes student's interests into account and helps them to find and appreciate their talents, enabling them to thrive.

#### The course focuses on

- the art of mentoring (Coyote Teaching)
- training and expansion of your senses
- becoming familiar with living in and with nature
- learning of wilderness skills
- understanding natural dangers and outdoor first aid
- knowledge of mammals and tracking
- knowledge of trees and plants
- understanding bird language
- social skills through learning in a group environment
- being creative with natural materials
- planning of days out in the woods

#### 1. Module, 20th-22nd of March Basic Knowledge

Basic knowledge of living in and with nature, i.e. making fire - the natural way, building a shelter with forest materials, understanding of outdoor dangers and living in a community.

#### 2. Module, 1st-3rd of May Awareness and the Language of the Forest

Birds use an ingenious communication and alarm system. Getting the key to nature through understanding bird language. Expanding awareness.

#### 3. Module, 21st -24th of May Living in the Wild and Outdoor First Aid

Wilderness camp. Practical skills for life in nature. Basic knowledge of wild edible plants and wilderness cooking. Outdoor first aid.

#### 4. Module, 2nd-5th of July Coyote Teaching

Supported by nature we will meet ourselves anew. Topics i.e.: Art of mentoring, Coyote Teaching, new ways of parenting, nature as a mirror, principles of a peaceful community and orientation according to the cardinal points, manual work such as basket weaving, cooking over fire etc.

#### 5. Module, 18th-20th of September Trees

Getting to know trees and shrubs. We will meet the standing people at different levels. Other topics: orientation in the field, knowledge of ecological relationships.

#### 6. Module, 6th-8th of November Mammals and Tracking

Each animal leaves a trace on earth. Tracking opens up a world of mystery and stories. Perception and intuition will be strengthened. Information about native animals and their behaviour. Camouflage and stalking/ fox walk (moving silently through the bush). Observing and empathise with animals.

see also

[www.waapiti.com](http://www.waapiti.com) - Wilderness Education

